Baked Sweet Potato Fries with Fry Sauce

Cooking Instructions

- 1. Preheat over to 425°F.
- 2. Cut sweet potatoes and place on baking sheet. (peel if desired)
- 3. Mix spices together in a small bowl.
- 4. Drizzle oil and sprinkle spices over sweet potatoes. Toss with hands to coat evenly.
- 5. Place potatoes in over and bake for roughly 18-24 minutes while turning occasionally.
- 6. Prepare fry sauce, if desired, by mixing ketchup, mayonnaise, and relish together in a small bowl.
- 7. Enjoy!

Recipe

- 2 large sweet potatoes, cut into 1x3 inch wedges
- 3 Tbsp vegetable oil
- ½ tsp sea salt
- ½ tsp black pepper
- ¼ tsp paprika
- ¼ tsp garlic powder
- 3 Tbsp ketchup
- 3 Tbsp mayonnaise

□ 2 large sweet potatoes

• 1 Tbsp relish

Grocery List

Produce

Grocery

- Vegetable Oil
- Sea Salt
- Black pepper
- Paprika
- □ Garlic powder
- □ Ketchup
- Mayonnaise
- Relish